

Anees Ahmad

Job Intention: Nutritionist and Food Technologist



03224917994



aa3797251@gmail.com



House#2, street#1, Naveed Park near Gulshan park LalPul Mughal Pura Lahore

PERSONAL

Aspiring highly organized, registered, professional and self-motivated dietician with a great passion for nutrition and people's wellbeing. I have experience in this field in a variety of different settings hospitals and clinics and I have excellent communication skills both written and oral. I am Looking for a successful career by working for reputable and ambitious organization.

Education

- **2018 - 2022** **Bachelor in Human Nutrition and Dietetics**
(Superior University)
- **2023 - 2025** **MPhill Food Science and Technology**
(University of Lahore)

Work Experience

- **11/2021 - 02/2022** **Nutrition and Dietician**
(Mayo Hospital)

Achievement/Tasks

- Patients History
- Treatment for burn patients
- Medical Unit
- Diet plan

- **09/2019 - 10/2019** **Clinical Nutrition**
(Nutra Care)

Achievement/Tasks

- Communicate to patients
- Diagnose
- Weight loss

- **07/2024 – 08/2024** **Achaa Dairy Farm**
(Internship)

Achievement/Tasks

- Quality Control

Certificates

Mathematical Software's and Computing
Food Safety and Management System

Skills

- Employee Relations
- Teamwork
- Organization development
- Policy implementation
- Benefits and Compensation
- Verbal and written communication
- Excellent IT skills

Personal Projects

Smoothie for Hypertension Patients
How to overcome stress via nutrition

Languages

English (full professional proficiency)
Urdu (Full professional proficiency)
Punjabi (Limited working proficiency)